

Investigation of Effects of Temporary Absence of Father on Teenager's Anxiety in Family of Truck Drivers in Mohammad Abad Jarghoyeh (Iran, Isfahan Province) and Comparison of it with Ordinary Family's Teenagers

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Abstract

One of absence causes to strip family and children from presence of father, absence is due to vocational requirements that one of them is driving job, it has bilateral effects on both drivers and other family members, particularly teenagers and show disordering growth and their behavior. In this research we used measuring descriptive method, statistical society was including teenagers between 12-20 years old belonging to truck drivers' family in Mohammad Abad Jarghoyeh and they were compared with ordinary family and they are almost 250 persons. The aim of study is investigation of Investigation of effects of temporary absence of father on teenager's anxiety in family of truck drivers in Mohammad Abad Jarghoyeh and comparison of it with ordinary family's teenagers. Research method used is causal comparative one. Statistical society in the study is all teenagers of truck drivers' family in Mohammad Abad Jarghoyeh and comparison them with ones of ordinary family that are randomly selected and are given them some questionnaire. Device used is Sang anxiety test. This study has two assumes that according to use descriptive statistical method are including frequency , percentage , mean, standard deviation and variance and analyzed by t-test.

Keywords: Anxiety, mental health, temporary absence of father, ordinary families

Introduction

Parents are responsible of bringing up their children. Every family should have one cultural charter and use it for training their children. Father is honorific and pride member of family and work for his family and is responsible of welfare affairs. In the child's view, father is who can forget his age; as a result he can change to playmate. Howells (1970) says that equinity divorce of parent and proscription is not more than sophistry. In his view: divorce means physical absence once, whereas "proscription" means shortage or lack of amour and heart and security that provide with parent. Fiord says:" there is one need in childhood and adolescence instead of need to parent support. (Shiriturkamani, 2001, P: 37)

Miberllo says that father is bridge relating to external wide world and transitions feelings of teenagers from parent, there is one pattern for most next social relations. In the future attempts he determined establishment of communication and passive and emotional fields, usually the child needs father her to simulate with him. Then existence of father for evaluating to norm, specially about boy teenagers that show likeness between him and his father, this problem finds more complicate face, because father as parent of simulation shows future life way, it seems that child loves one person who is responsible of primary cares.(Azimi,1993, P: 121) What can make mental dangers in teenagers is proscription .regarding to the role of father most researchers conclude that presence of father in family has positive effects on education development and cognitive growth of child and ethical evolutions or conscience, evolution of gender role, lack of mental damages and lack of presence father shows disorders in every dimension and it shows that father may have direct effect on children and indirect effects via mother or family system as a whole.

Alban (1971) shows that 20-28 month infant starts to consider father and experiences him as second certain individually whose injustice is set equal father, this view is most important in several views. The role of parent: bout views of roles, Sorenson (1973) claims parent accepts main responsibilities randomly or based on skill and acquired positions and do them. It means that father may play the role of a device on material role and in the next stage undertakes emotional role and mother of family acts adversely and everyone does their tasks for each other. For this reason, when divorce and death one of parents can play both roles. (Adibi, 2002, P: 89) Emotional and compressive role of mother that provide especially keeping healthy satisfactory relations within family.

It's necessary that in this view, the role of these applications is not exclusive and is changeable to each parent, for example it is possible that mother does to buy life requirements and needful and educational affairs of teenagers and father efforts to solve problems of teenagers and judgment and decision between naturally their conflicts. Child in earlier of birth has severe relation to mother in the view of mental and physical inability and need of care, relax and security as well as nutrition. At first and for first time, figure of mother's face in his mind and while he grows, he feels more hot heart of mot and emotion and kindness. This care and relax not only make interaction between infant and mother but also is necessary to grow and continue child's life. Whatever this interaction has higher quality and severity; it makes more stable and suitable interest and growth of child. Based on Harlow researches (1944), dependence of infant to mother is not only due to provide physical and nutritional needs, but also makes security and relax for infants.

He examines this issue on the monkey. In this examination, he provided artificial mother covered by wire and other covered by stuff. The food of monkey (milk inside bottle) on the body of wired mother and put down beside stuff mother that is soft and nice. The examinations show when child monkey need to food, he reached to wired mother but when for relaxing and feeling security he harbors to mother. Some researchers show that behavioral relations improve delinquency while other considers father elations as main factor. For example McCourt (1997) found that proper mothers have self confidence, don't punish and show her with emotions and abilities, even in immoral neighborhood to support their children against obliquity. McCourt found that father relations have more importance on obliquity. These children reported that their fathers are not upset and aggressive and respect to their wives. (Khouinezhad et al, 2003, P: 72)

According to Fiord, father has the role of simulation in earlier years of growing child in relation with gender, moreover father has important role to control aggression, and anger of teenager. (Shiriturkaman, 2001, P: 88)

Simulation is one process that causes to motivate children to make other inert traits. Fiord says simulation of children with parent particularly with cognate simulate one device for acquiring values and male and female traits and for this reasons children simulate more than parent are hot behavior and control their affairs.

Absence of father

Factors that causes to absence of father in family is different and it includes vocational requirements, going to prison or marital services and in these situations father have to leave his teenagers even for short time. Hertesk Vessodisa (1968) with 59 studies in the field conclude that harmful effects of temporary absence of father is dominant against permanent and of course, after that unacceptable studies of methodology have been leaved , power of conclusion has decreased , but temporary absence of father results in serious problems in children situations .

Research histories

Most researches are near to subject, they pay attention more to work place, job position or worker and less observe their effects on family. Ratter (Shamlou, 1985) believes that the role of father in most rese3arches is not studied relating to emotional proscription but performed studies show that sever moral disorders occur in absence of father. But in some cases general simulation of children due to absence of father make problems. Dr. Karol Kolovos studied the role of lacking father in the future of child and particularly tried to do studies about every kind corruptible manner. It means he examines his aims on war orphans of Germany and publishes this problem in the book " mother and boy " in year 1931 and explains serious and precise study about 189 orphans show that one part of these children without having father grow without delinquency and have mental trend and these teenagers were active, crude and number of them reached 59 persons, it means more than 3.42%.

Among them there are children who go to school and are very indiscipline and crude and don't revere mother and don't lean to do home work. They don't fear financial robbery of their friends' properties and even some of them have insanity of theft, other are quixotic and legendary insanity, other suffer problems of gender crimes and after leaving study with friend and society show immorality , impoliteness and non self confidence. Herzog (1974) found that children have their father inn family were more compatible with school expectations and they who live without father, show more innovative roles. Sateen and others (1967) study consequences of absence of father different times and stages of growing teenagers. This study is compared with children who live with father in the home and by using entrance scores.

Hetherington and martin(1979) conclude that in the family mother is supervisor of children in comparison with families with both mother and Father, boys are more anti social and jointed to delinquency groups, they control themselves low and feel satisfactory later and also learn moral criteria with delay.(Shiritorkamani, 2002, P: 119) Recent studies show that in these families, main consequence of girls about their personality is similar to mother in some ways. They compete with mothers' behaviors and simulate their mother since childhood. There are studies show aggression would be higher in girls without father and perhaps take opportunity to lose gender roles relatively in the society. In study of Harris interactive (1999) on 1008 20-29 years male workers, he found that they consider family as most important job challenge or getting income. Allen et al (2000) found that there is mean realism between job conflict and family and job satisfactory. People who work apace and more time of their life are working and have stress show 46% possibility of death.

Other study among 25000 persons of employees in USA showed that people who are not satisfactory from their work have 35% possibility of hasty death. (Moradianzadeh, 2003, P: 25) The study of 1000 workers showed that nevertheless 88% workers have vocational satisfactory and half of them show 95% more satisfactory, when we ask them about important problem during work time and being far away family and they told we are concern of family because of their work. Among them 87% people told that work causes to not sleep. Adibi (2001) studied 100 families without supervisor regarding to the role of father in Hezork and Scoria's studies in years 1949 it is against about harmful effect absence on cognitive growth present evidences in the field of Hetherington and Parker claim that intelligent, educational development and loss, education average, low scores and father cases are affected by harmful consequences of father absence.

State of problem

It seems that anxiety is one of discovers among all people go to clinic for treating and complain about it. Based on studies performed in Europe and USA it is estimated that 9-26% girls and 5-12% boys during their life have main anxiety, also 8.9-17.6% teenagers suffer this disorder in the part of time (Robins et al, 1984, P: 214) During puberty, parent pay attention more teenager especially about their relation with opposite gender if father is not present, this care suffers problem and probably follow without due success. According to Fiord view, father has main role in earlier years of life and evaluation of conscience and simulation in gender relation is one of most important effects. Moreover, it is said that when father has physical and mental presence in life of mother with 7 children, losing or absence him is more sensitive and dangerous, if such presence is not available at family and child doesn't have direct mental background of father. In dominant family it is expected that members of family stay beside each them as possible as it can occur, but some timed it is not possible regarding to different reasons like divorce of parent, disease, vocation, and mission and job position. So absence of father make changes in the role of family like his responsibilities have role been done by others that it can make depression particularly after passing the time, these transferred possibilities should be delivered to main person (father) and such fluctuations can make disorders in performances of each member of family and different sequences have been make for example problem in growing teenagers.

Importance of problem

In our culture preparing economical needs of family has been undertaken by father and more ideas are based on task of growing teenagers and men out of home do works relating to education for family and it causes some fathers know his duties about his family and ignore mental and social and moral needs. Sometimes father's attempts to earning economics of family enforce them to leave their family and don't visit those utile times. This situation made in oil industry monthly. Present study show effects of job of drivers of trucks on teenagers in Isfahan, then we can do works to decrease these effects and that make less stress and efficiency for truck drivers and then these activities affect on family. Also findings of this study present practical suggestions of decreasing negative effects of drivers on family member.

Anxiety

Everyone becomes anxiety again danger sense or undesirable events. This anxiety is natural but anxiety of anxious person is unreal and illogic. Healthy person doesn't have anxiety and but patients' anxiety doesn't decrease. In New Year, anxiety is central core of concern and divided into two parts:

A – Continuous anxiety

patient feels unrest, sometimes he walks or sit downs when he do , he moves his hands and feet and is unrest , frequently he sighs and sweats and gasps and shocks his hands and feet.

Cold and wet hand is some syndromes of this disease. Patient is some syndromes of this disease. Patient is stable concern about occurring undesirable event for himself or family.

B- Periodical anxiety

Patient is calm but suddenly starts with anxiety, physical evidences is high, head muscles, back cervix and back muscle become tension and causes to headache and pressure sense in back head, spiral core or head for area and hands vibrate, body sweat in the calm and mouth becomes dry and patient feels stomach and complain about sting and falling stomach resulting in belching. (Alizadeh, 2000, P: 39)

Assumption of research

- 1- Level of anxiety in teenager of truck driver' family is more than common family.
- 2- Level of anxiety of girls of truck drivers is more than boy teenagers.

Method of analyzing data

For analyzing data in this study, descriptive coverage, standard deviation, Pearson correlation, t-test) it is necessary to mention that software SPSS for obtaining data are used.

Device of measuring

Devise is referred to means for resulting and gathering data and it is questionnaire in this study. Type of research: it is field, because subject of research is accessible for researcher and overall convey that this study is including 850 persons of teenager family of truck drivers of Esfahan.

Statistical sample

In this study, one group 250 persons of teenagers of truck drivers in Isfahan and common family teenagers as a sample:

Assumption of test

Table (1) statistical indexes of scores of anxiety at two groups

group	number	average	Standard Deviation	Variance	Standard error	smalles score t	Biggest score
girls	62	17.26	11.28	112.55	1.29	5	53
boys	63	14.47	10.23	86.37	1.13	3	47
Total	125	15.86	10.80	99.46	1.06	4	50

Table (2) statistical indexes of scores of anxiety at truck drivers' teenagers in families with temporary absence of father and common family

family	number	average	Standard deviation	Deviation of
Temporary absence of father	125	18.56	11.49	1.23
Ordinary family	125	15.96	7.93	1.08

Table (3) results of meaningfulness t student

	Loin test	
	F	P
Statistical indexes	1.57	228

Table (4) results of meaningfulness

	t	Free degree	Meaningful degree	Difference of averages	Difference of standard error
Statistical indexes	4.003	96	0.003	5.05	1.89

Loin test is performed for equality variance groups, because value p is higher than 0.05, so the presupposition is confirmed and there is possibility performance of t-test.

Discussion and conclusion

Some people believed that event of anxiety is hereditary factor and environmental factor and level of sensitivity of person against present day subjects and level of his resistance against problem cause t depression. some of them believe that life problem can cause depression lonely while most people believe that life problems cause disease and interpretation of psychologists, during this study show that thoughts people with suitable values is not compatible, because thoughts can be correct or not and human suffers bad mood in the life. By changing this psychological group they are under depression and slave unconsidered thoughts

Conclusions of studying properties

Assumption (1) there is difference between teenager's anxiety of truck drivers' family and common families. According to t-test as $t=4.003$ is higher than critical t of table and value $p=0.003$ and lower than 0.05, this assumption is confirmed from research's assumption in the level $\alpha=0.05$ with trust 0.095.

Assumption (2) level of anxiety of younger girls relating to truck drivers' family is higher than teenagers. Based on results of statistical indexes, mean value of anxiety scores in girls 17.26 and in boys 14.47 and its difference are 2.79. This result shows level of anxiety of younger girls relating to truck drivers' family is higher than teenagers and assumption 2 is confirmed

Suggestions

For decreasing anxiety problem there is one solution as half of teenager have no good mind, we should pay attention to view of responsible people to extend one solution by helping all thinkers.

Holding special class of training family for mothers of teenagers whose father are not at home as being truck driver by focusing on method of training gender roles girls and boys. According to level of anxiety in teenagers, families of drivers are more than common family and it is offered these families should be under supporting of psychological consulting.

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